

# **Forskningsprojekt 2020**

**Titel:** Health and some of its determinants among persons receiving economical social assistance, a prospective and retrospective approach

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## **Sammanfattning:**

This project will investigate the relationship between health, its determinants and Social assistance reception. Social assistance is financial support under the Social Services Act. Persons receiving social assistance are commonly overlooked in different contexts and knowledge of their health and its determinants is restricted. A good knowledge about health in this group ought to be essential, in order to be able to support with adequate measurements and to increase their opportunity to an independent life and a good quality of life. This study is to be carried out in the city of Eskilstuna. During 2018 4,126 households and 8,544 persons received social assistance. Thus, 8.2 % of the population in Eskilstuna received social assistance, compared to 3.9 % in Sweden. At the outset, a questionnaire will be administered to a sample of social assistance receivers to assess the status of self-rated health and health determinants. From registers it is then possible to retrospectively collect individual data on different health indicators and health determinants. Further, with the cross sectional survey as a starting point, and information collected prospectively (2-3 years) on an individual level, it will be possible to assess what factors predict exit from social assistance dependency.